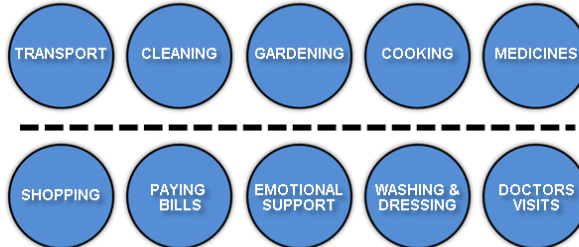




DO YOU SUPPORT A FAMILY MEMBER OR FRIEND WITH ANY OF THESE TASKS?



Carers First
FIRST CHOICE FOR CARER'S
0300 303 1555
WWW.CARERSFIRST.ORG.UK

THEN YOU ARE A CARER....

CARERS FIRST ARE HERE TO SUPPORT YOU.....

A carer is anyone who supports someone who needs assistance in their life.

Carer's can be of any age and maybe looking after a relative, friend or a neighbour

The person you care for may live with you or far away

They may have an illness, physical or learning disability, have mental issue, be frail or misues substances

CARER'S FIRST

Carer's First is a charity supporting adult and young carers, working across Lincolnshire, South and North West Kent, Medway and the London Borough of Waltham Forest. We provide emotional and practical support, advice, information, guidance and offer carers assessments, training, events, social groups, short break respite, activities trips and more.

- You can contact us by calling our **Carers Hub on 030 0303 1555** where someone will be available to take your call.
- Our Carers Hub team are available **Monday-Thursday 9am - 5pm, Fridays 9am - 4:30pm**

For further information please speak to one of our receptionists.

PATIENT PARTICIPATION GROUP

Have your say about the services that are provided, is there anything you feel should be offered and is not, is there any way to improve the current facilities?

Please contact a member of the reception team to register and attend or download an application form from our PPG page on our website. You can also collect a short PPG questionnaire from a member of our reception team, or complete it online from;

<https://www.surveymonkey.co.uk/r/MQFF7DK>

www.lmedicareagarwal.co.uk/

