



## **COVID-19 VACCINE**

- If you are aged 18 and over
- You are at high risk from coronavirus (clinically extremely vulnerable)
- If you are a frontline health and social care worker
- You have a condition that puts you at higher risk (clinically vulnerable)
- You get a carer's allowance , get support following an assessment by your local authority or your GP record shows that you are a carer

If you think you are an eligible unpaid carer who has not been contacted for your coronavirus please contact one of our receptionists.

We urge everyone eligible who has not yet had their first vaccine to book on the national booking system or by calling 119.

- You can also book an appointment at Walthamstow Central Library directly by calling **0203 196 3239**,
- You can book an appointment at a community pop up clinic or at Leytonstone Library, or make general vaccine enquiries by calling **0208 496 3000**
- You can book an appointment at Chingford Leisure Centre, Westfield or at a pharmacy site on the national booking system or by calling **119**
- If you have had your first vaccine, please make sure you have your second vaccine to ensure maximum protection
- If you have specific concerns about taking the vaccine and would like to **talk to a health professional please contact your GP**

There is comprehensive information, guidance, and answers to questions, including vaccination information for frontline health and social care staff, carers and clinical vulnerable at COVID-19 Vaccination programme | East London Health & Care Partnership

More information about how the vaccinations are being delivered in Waltham Forest can be found from <https://www.walthamforest.gov.uk/content/covid-19-vaccinations>

## **GETTING THE HELP YOU NEED**

Most consultations are over the phone and via video. This is for everyone's safety. We will assess your situation and invite you into the practice if needed.

We can arrange same-day appointments if you need urgent care but please don't visit without an appointment. Appointments will be held in the best way to keep you safe from Covid.

You can also contact 111, day or night, for other urgent health advice - including if you have concerns about your Covid-19 symptoms.

Please remember that 999 and A&E are for emergencies.

Please help reduce infections, protect the NHS and keep each other safe by following the latest rules;

<https://www.london.gov.uk/coronavirus>

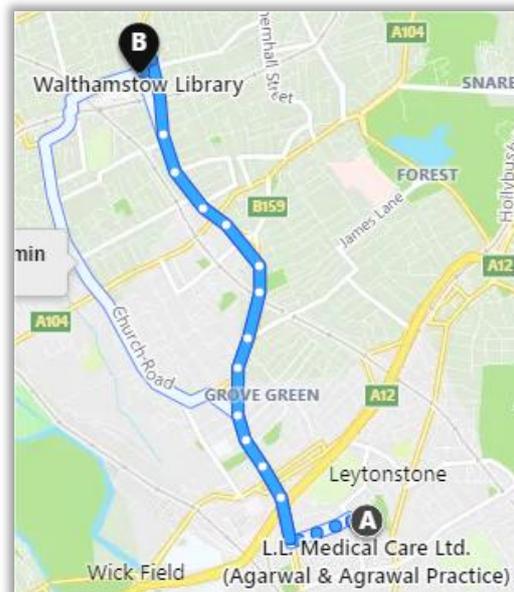


We are sending out patients to the Covid-19 vaccination hub at;

- Walthamstow Library, Central Library High Street, London E17 7JN

### L.L. Medical Care Ltd. (Agarwal & Agrawal Practice)

1. Walk from L.L, Medical Care Ltd (Langthorne Medical Centre) to Millais Road (Stop T)
2. Bus: Take 97 - Chingford Station
3. Leave: Millais Road (Stop T)
4. Arrive: Walthamstow Market Walthamstow (Stop G)
5. Previous stop is Walthamstow Central Station
6. If you reach Jewel Road (Stop BA), you've gone too far
7. Walk from Walthamstow Market Walthamstow (Stop G) to Destination Location



**B**  
**Walthamstow Library, Central Library High Street, London E17 7JN**

## **"HOW THE NHS AND CARE SERVICES USE YOUR INFORMATION**

L.L. Medical Care Ltd. (Agarwal & Agrawal Practice) is one of many organisations working in the health and care system to improve health care for patients.

Whenever you use a health or care service, such as attending Surgery for a consultation, Accident & Emergency or using Community Care services, important information about you is collected in a patient record for that service. Collecting this information helps to ensure you get the best possible care and treatment.

The information collected about you when you use these services can also be used and provided to other organisations for purposes beyond your individual care, for instance to help with:

- Improving the quality and standards of care provided
- Research into the development of new treatments
- Preventing illness and diseases
- Monitoring safety
- Planning services

This may only take place when there is a clear legal basis to use this information. All these uses help to provide better health and care for you, your family and future generations. Confidential patient information about your health and care is **only used** like this where allowed by law.

Most of the time, anonymised data is used for research and planning so that you cannot be identified in which case your confidential patient information isn't needed.

You have a choice about whether you want your confidential patient information to be used in this way. If you are happy with this use of information you do not need to do anything. If you do choose to opt out your confidential patient information will still be used to support your individual care.

To find out more or to register your choice to opt out, please visit [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters). On this web page you will:

- See what is meant by confidential patient information
- Find examples of when confidential patient information is used for individual care and examples of when it is used for purposes beyond individual care
- Find out more about the benefits of sharing data
- Understand more about who uses the data
- Find out how your data is protected
- Be able to access the system to view, set or change your opt-out setting
- Find the contact telephone number if you want to know any more or to set/change your opt-out by phone
- See the situations where the opt-out will not apply

You can also find out more about how patient information is used at:

- <https://www.hra.nhs.uk/information-about-patients/> (which covers health and care research)
- <https://understandingpatientdata.org.uk/what-you-need-know> (which covers how and why patient information is used, the safeguards and how decisions are made)

You can select your opt-out by going here: <https://www.nhs.uk/your-nhs-data-matters/>

You can change your mind about your choice at any time.

Data being used or shared for purposes beyond individual care does not include your data being shared with insurance companies or used for marketing purposes and data would only be used in this way with your specific agreement.

## **OPTING OUT**

If you don't want your identifiable patient data to be shared for purposes except for your own care, you can opt-out by registering a Type 1 Opt-out or a National Data Opt-out, or both. These opt-outs are different and they are explained in more detail below. Your individual care will not be affected if you opt out using either option.

### **TYPE 1 OPT-OUT (OPTING OUT OF NHS DIGITAL COLLECTING YOUR DATA)**

If you do not want your identifiable patient data to be shared outside of the GP practice for purposes except your own care, you can register an opt-out with L.L Medical Care Ltd (Agarwal & Agrawal Practice). This is known as a Type 1 Opt-out.

Type 1 Opt-outs were introduced in 2013 for data sharing from GP practices, but may be discontinued in the future as a new opt-out has since been introduced to cover the broader health and care system, called the National Data Opt-out. If this happens, patients who have registered a Type 1 Opt-out will be informed. There is more information about National Data Opt-outs below.

NHS Digital will not collect any patient data for patients who have already registered a Type 1 Opt-in line with current policy. If this changes patients who have registered a Type 1 Opt-out will be informed.

If you do not want your patient data shared with NHS Digital for the purposes above, you can register a Type 1 Opt-out with L.L Medical Care Ltd (Agarwal & Agrawal Practice). You can register a Type 1 Opt-out at any time. You can also change your mind at any time and withdraw a Type 1 Opt-out.

Data sharing with NHS Digital will start on 1 July 2021.

If you have already registered a Type 1 Opt-out with L.L Medical Care Ltd (Agarwal & Agrawal Practice) your data will not be shared with NHS Digital.

If you wish to register a Type 1 Opt-out with L.L Medical Care Ltd (Agarwal & Agrawal Practice) before data sharing starts with NHS Digital. If you have previously registered a Type 1 Opt-out and you would like to withdraw this, you can also use the form to do this. You can send the form by post or email to L.L Medical Care Ltd (Agarwal & Agrawal Practice) or call **03003 035678** for a form to be sent out to you.

If you register a Type 1 Opt-out after your patient data has already been shared with NHS Digital, no more of your data will be shared with NHS Digital. NHS Digital will however still hold the patient data which was shared with them before you registered the Type 1 Opt-out.

If you do not want NHS Digital to share your identifiable patient data (personally identifiable data in the diagram above) with anyone else for purposes beyond your own care, then you can also register a National Data Opt-out.

### **TYPE 1 OPT-OUT (OPTING OUT OF NHS DIGITAL COLLECTING YOUR DATA)**

This applies to identifiable patient data about your health which is called confidential patient information. If you don't want your confidential patient information to be shared by NHS Digital with other organisations for purposes except your own care - either GP data, or other data it holds, such as hospital data - you can register a National Data Opt-out.

If you have registered a National Data Opt-out, NHS Digital won't share any confidential patient information about you with other organisations, unless there is an exemption to this, such as where there is a legal requirement or where it is in the public interest to do so, such as helping to manage contagious diseases like coronavirus. You can find out more about exemptions on the NHS website.

From 1 October 2021, the National Data Opt-out will also apply to any confidential patient information shared by the GP practice with other organisations for purposes except your individual care. It won't apply to this data being shared by GP practices with NHS Digital, as it is a legal requirement for us to share this data with NHS Digital and the National Data Opt-out does not apply where there is a legal requirement to share data.

You can find out more about and register a National Data Opt-out, or change your choice on [nhs.uk/your-nhs-data-matters](https://nhs.uk/your-nhs-data-matters) or by calling **03003 035678**.

[www.lmedicareagarwal.co.uk/](http://www.lmedicareagarwal.co.uk/)

